

# FREE CAREGIVER TRAINING

AVAILABLE NOW

FROM THE COMFORT OF YOUR OWN HOME



## TRUALTA

Trualta is a web-based caregiver training that can be tailored to each caregivers' unique caring situation. These interactive trainings prepare and empower caregivers to support their aging loved ones.

Trualta is a tool available to all caregivers throughout WI that provides caregivers a wealth of information at their fingertips. It is convenient, self-paced and always available.

You can self-register for a free account online at <http://wisconsincaregiver.trualta.com/login>

or if you are a caregiver in Richland County, call the ADRC of Eagle Country Richland Center Office to learn how to get started.

**Call: 608-647-4616**